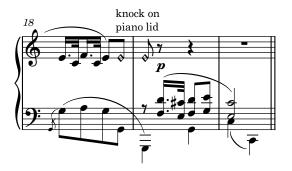
## Lazy Dance



Montague Ring (Amanda Aldridge) (1866-1956)





Amanda Aldridge (1866-1956) was a Black British opera singer, pianist, teacher, and composer who wrote under the pseudonym Montague Ring. Her works include songs, suites, sambas, and chamber orchestral pieces that draw influences from across many genres. Aldridge also taught and mentored numerous Black actors and singers, many of whom went on to have successful performing careers.